

Reducing The Threats Of Intake

Instructor Lesson Plan

Subject: Reducing The Threats Of Intake

Instructors: Chris Ray

Phone: (701) 500-2612

Time Allotted: 8 hours

Instructor Aids: PowerPoint / Videos / Lesson Plan/ Open Area (mats preferred)

Student Materials: Pen, Paper, Work Attire

Prerequisite Experience of the Learners: General Understanding of Law Enforcement

Goal: The objective of this course is to provide officers with a better understanding of the threats that are encountered during the intake process. When accepting subject(s) that have been arrested there are many dangers that must be confronted. This course will help you diagnose and prescribe for the most common dangers that a facility faces during the intake process.

Date Prepared: 1/30/2022

Date Revised:

Prepared By: Chris Ray

Revised By: Chris Ray

Rationale

The rationale behind creating this course was based upon the need for corrections officers, sheriffs, and other lockups to have a better understanding on how to address the threats that are encountered during the intake process.

Instructor Profile

Chris Ray is currently a Captain at the Ward County Detention Center in Minot, ND with over 12 years of experience in correctional facilities. Chris worked for the Kaufman County Detention Center in Kaufman, TX before moving to ND. Prior to that Chris served in the U.S. Air Force as a Security Forces Leader. During his service he was deployed to Iraq where he worked in detainee operations.

Chris holds certifications in Method of Instruction, Is a ND POST Board approved instructor for the state of ND. Holds several certifications in defensive tactics and de-escalation techniques. Chris also holds a combatives belt with the Gracie Jiu Jitsu Curriculum.

Course Schedule

Introduction to the course: Blue Shield Tactical LLC is dedicated to the advancement of officer training in

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Subject: Reducing The Threats Of Intake

Learning Objectives:

- 1. Students will be able to identify the biggest liabilities that a facility and officer faces during the intake process.**
- 2. Students will be able to identify the common threats that officers face during the intake process**
- 3. Students will be able to identify the most common threats that officers face during the intake process.**

4. Students will be able to **demonstrate** a solution to the most common threats that officers face at intake
5. Students will be able to demonstrate the seatbelt control hold into a takedown with a partner and explain the technique
6. Students will be able to demonstrate the snap down clinch from standing and explain the technique
7. Students will be able to demonstrate head control from the prone position
8. Students will be able to demonstrate the hidden arm control technique.

Instructor Lesson Plan

I. Preparation: (Student Motivation/Opening Statement)

The intake at a facility is one of the most dangerous aspects of the job. Subjects that enter the facility often are in the worst shape of their life, both physically & mentally.

The subject(s) health, emotions and mental status are usually in an altered and dangerous state, and the intake officer must be able to diagnose the problem and protect the subject & facility on all levels.

II. Presentation:

<u>Key Topic Points</u>	<u>Elaboration On key Points</u>
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1. Threats of Intake:

The items below are discussed in their entirety and how these threats will be addressed will be discussed as well.

- Group Discussion on Intake Concerns (30 Minutes)
- Controlling The Intake Area (1 Hour)
- Intoxicated (30 Minutes)
- Withdrawals (30 Minutes)
- Mental Illness (30 Minutes)
- Medical Concerns (30 Minutes)
- De-Escalation Techniques (1.5 Hours)
- Control & Searching Techniques (1 Hour)
- Scenario Based Training (2 Hours)

2. Controlling The Intake Area

Officers will attempt to make contact in order to diagnose and identify any possible threats that they will face. Officers will encounter one of the following threats and perform an exercise in an attempt to diagnose the threats. Officer(s) will decide if they will accept or deny the subject. The basic rights of each individual will be explained. The instructor will address the LGBTQ liabilities during the intake process, and proper documentation practices.

- Intoxicated-Alcohol Concerns
- Drugs
- Withdrawals
- Mental Illness
- Medical Concerns
- De-Escalation Techniques
- Control & Searching Techniques

3. Alcohol Concerns

Officers will be instructed on the possible dangers with those that are chemically dependent on alcohol. The common symptoms and effects of alcohol withdrawal will be discussed and explained;

- Alcohol Withdrawals
- Delirium Tremens
- Timing and onset of Withdrawals

4. Drug Concerns

Officers will identify the possible dangers with those that are under the influence of drugs. The most common drugs and their symptoms of withdrawal will be explained;

- Benzodiazepines (alprazolam; lorazepam; clonazepam)
- Opioids (heroin; morphine; codeine; methadone; opium)
- Methamphetamine

- Hallucinogens (LSD; MDMA)

5. Withdrawals

Officers will be able to **identify** the common signs, symptoms and responses for those that may be experiencing withdrawals from drugs & alcohol. Examples of the signs and symptoms are below but not limited to;

- Disorientation
- Confusion
- Vivid Hallucinations
- Extreme Tremors
- Shortness of Breath, Sweating & Palpitations
- Rapid Heart Rate
- Agitation

6. Mental Illness

Officers will be able to **identify** the common signs, symptoms and responses for those that may have a mental illness. Examples of the mental illnesses that will be covered;

- Anxiety
- Depression
- Bipolar
- Schizophrenia (student exercise)
- PTSD

7. Medical Concerns

Officers will engage in **discussion** on the biggest medical concerns that a facility faces, and proper responses to those areas

- Use of Force Prior To Arrest (fleeing,LTL,etc.)
- Asthma
- Diabetic
- High Blood Pressure/Heart Problems

- Pregnant
- Not Carrying Adequate Medication

8. De-Escalation Techniques

Officers will **discuss and demonstrate** the proper de-escalation techniques that could be effective during the intake process. Students will participate in a brief exercise utilizing one of the methods instructed on:

- LEAPS (Listen, Empathize, Ask, Paraphrase, Summarize)
- ATOCA (Ask, Tell Why, Give Options, Confirm, Act)

9. Control and Searching Techniques

Officers will **discuss** the proper searching technique for a violent or unruly subject. This will be accompanied with control techniques to ensure a thorough body search is completed both standing & in the ground. This will include explanation on safe removal of clothes on an uncooperative subject. The following techniques will be practiced by each student and the student.

- Two Officer Take Down (Seatbelt/Hi-Lo Method)
- Clinch (Snapdown) Take Down w/ Partner
- Head Control- Prone
- Searching Techniques- Prone
- Hidden Arm Technique

10. Scenario Based Training

Officers will be given a scenario and expected to identify the possible concerns and **demonstrate** the next steps in order for the facility to stay safe and prevent any liability. Officers may work with a partner

- Uncooperative subject with heart problems
- Intoxicated subject with high blood sugar
- Schizophrenic subject that is off their medications

- After returning from days off you notice a subject hallucinating in the holding cell
- Violent subject wants his blood sugar checked, but is extremely agitated
- Subject refuses a clothed body search (Clinch/Snapdown w/ Partner to Searching)
- Subject becomes uncooperative during the intake process and is taken to the ground and hides arms under the body (HI/Lo Takedown & Hidden Arms to Searching)
- A patrol officer arrests someone that just fled on foot and has been cleared, but coughing during your first encounter.