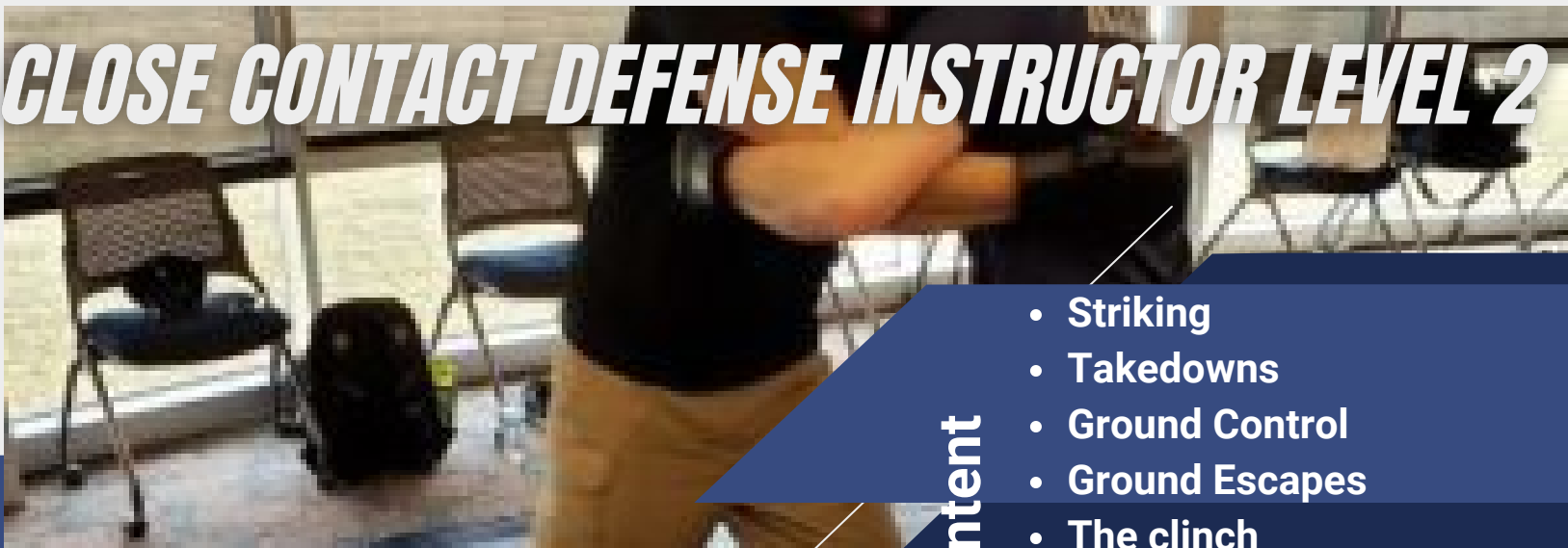




Blue Shield Tactical

Blueshieldtactical.com

CLOSE CONTACT DEFENSE INSTRUCTOR LEVEL 2



Course Content

- Striking
- Takedowns
- Ground Control
- Ground Escapes
- The clinch
- Submission locks
- Defense to the VNR
- Team Control
- Defensive & offensive drills
- Teaching methodologies
- Policy recommendations

Grand Forks, ND

March 4th - 8th, 2024

McKinney, TX

Sept. 9th - 13th, 2024

\$700

40 hours



CONTACT US



888-970-4249



Blueshieldtactical.com

This 40-hour course was specifically designed for law enforcement violent encounters and has variables of defense that are not taught in level 1. This course deals with much more of the ground aspect as well as various takedowns to achieve a control position. The course includes choke defenses as well as teaching methodology that is taught in our level 1 course. **You are not required to attend level 1 first in order to attend this course!**

Recommended equipment:

Headgear (free with tuition)

MMA style gloves (We provide use of our gloves)

Mouthpiece (Not provided)