



As law enforcement, security personnel, and military professionals, we understand the gravity of a knife attack. The potential consequences are dire, and officers must be prepared.

Our Self-Defense Knife Instructor Training Course takes a pragmatic approach—one that acknowledges the reality of these encounters. Here's what sets our program apart:

Real-World Focus:

- Unexpected Threats: Knife attacks happen suddenly, often at close range.
- Immediate Access Constraints: Officers may not always reach their firearms in time.
- Practical Defense: Techniques grounded in field experience.

Survival Strategies:

- Movement to Avoid Attack: Evade danger effectively.
- Blocks and Strikes: Practical responses to knife threats.
- Reading Body Language: Spotting signs of aggression.

Defense Techniques:

- Overhead Attacks
- Straight Stabs
- Slicing Attacks
- Underhand Strikes
- Ground Assaults

Weapon Transition Drills:

- Adapting on the Fly: Moving from unarmed to armed responses.
- Survival Mindset: We won't promise zero cuts or stabs—realism matters.

Award-Winning Teaching Methods:

- Improved Instruction: Elevate your teaching skills.
- Illustrated Instruction Manual: A valuable resource for students.
- Instructor Shirt: Wear it with pride—it signifies your commitment.

Critical Knowledge:

- Knife Concealability: Easily hidden, swiftly deployed.
- Home Encounters: Officers face knives daily.
- Increased Survival Odds: Our course makes a difference.

Remember, this isn't just training—it's an investment in safety and resilience. Let's equip officers to face edged weapon threats head-on!

BLUE SHIELD TACTICAL

BLUESHIELDTACTICAL.COM

Knife Defense

Instructor

\$275

16 hours

Dublin, VA


**March 30th - 31st,
2026**

Muscle Shoals, AL

June 22nd - 23rd, 2026



Contact Us:

 **888-970-4249**

 **Blueshieldtactical.com**



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