



Close Contact Defense Instructor Course Level 1

This program is a combination of mixed martial arts that uses different strikes using all points of the body. You will also learn ground defense consisting of maintaining control, arm locks, and positional control that you can hold until help arrives. We teach handcuffing and weapon retention in this course as well. You'll be certified to teach both standing and ground defense to your officers for two years and are provided our awardwinning teaching methods to help you become a better instructor. Your certification also comes with free phone and e-mail support to assist you with any questions you may have as an instructor. The instructors teaching our courses are all law enforcement officers that know policy and procedures that you deal with on a daily basis. The course comes with an illustrated instructor manual, a free dry-fit polo style instructor, shirt as well as a Blue Shield Tactical Pen. This is not your average defensive tactics course and you won't be disappointed in the concepts and techniques learned. The course has received a five star rating from officers that have attended, but you can see those reviews for yourself on our website.



Video techniques and testimonials available at Blueshieldtactical.com

Contact us about hosting one of our courses at your agency.



\$700

Course Content: Movement drill Handcuffing Striking Weapon disarmament Weapon retention Weapon drills Ground control Submission locks Control locks Team control Teaching methodologies

Harrisburg Police Department Harrisburg, PA

Policy recommendations

March 15th - 19th 2021 0800 - 1700 40 hours POST

Jacksonville Police Department Jacksonville, AR

June 14th - 18th 2021 0800 - 1700 40 hours state credit

Overland Police Department Overland, MO

July 12th - 16th 2021 0800-1700 40 hours MO POST



