

# BLUESHIELD

## TACTICAL SYSTEMS



### Close Contact Defense Instructor Course Level 1

This program is a combination of mixed martial arts that uses different strikes using all points of the body. You will also learn ground defense consisting of maintaining control, arm locks, and positional control that you can hold until help arrives. We teach handcuffing and weapon retention in this course as well. You'll be certified to teach both standing and ground defense to your officers for two years and are provided our award-winning teaching methods to help you become a better instructor. Your certification also comes with free phone and e-mail support to assist you with any questions you may have as an instructor. The instructors teaching our courses are all law enforcement officers that know policy and procedures that you deal with on a daily basis. The course comes with an illustrated instructor manual, a free dry-fit polo style instructor, shirt as well as a Blue Shield Tactical Pen. This is not your average defensive tactics course and you won't be disappointed in the concepts and techniques learned. The course has received a five star rating from officers that have attended, but you can see those reviews for yourself on our website.

**Close Contact Defense Instructor**  
40 hour course  
\$700

**Course Content:**  
Movement drill  
Handcuffing  
Striking  
Weapon disarmament  
Weapon retention  
Weapon drills  
Ground control  
Submission locks  
Control locks  
VNR  
Team control  
Teaching methodologies  
Policy recommendations



Eastern Missouri Police Academy  
St. Louis, MO

April 6<sup>th</sup> - 10<sup>th</sup> 2020  
0800-1700  
40 hours MO POST

Ward County Detention Center  
Minot, ND

April 20<sup>th</sup> - 24<sup>th</sup> 2020  
0800-1700  
40 hours credit

Lamar Police Department  
Lamar, MO

May 4<sup>th</sup> - 8<sup>th</sup> 2020  
0800-1700  
40 hours MO POST

Southwest Virginia Criminal Justice  
Training Academy  
Bristol, VA

June 1<sup>st</sup> - 5<sup>th</sup> 2020  
0800-1700  
40 hours POST

Newton Police Department  
Newton, KS

August 10<sup>th</sup> - 14<sup>th</sup> 2020  
0800-1700  
40 hours POST

Video techniques and testimonials available at [Blueshieldtactical.com](http://Blueshieldtactical.com)

Contact us about hosting one of our courses at your agency.

Register today at

[Blueshieldtactical.com](http://Blueshieldtactical.com)

E-mail or call us at

[Blueshieldtactical@gmail.com](mailto:Blueshieldtactical@gmail.com)

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