

Blue Shield Tactical Blueshieldtactical.com

Course Content

- Movement drills
- Handcuffing
- Striking
- Weapon disarmament
- Weapon retention
- Weapon drills
- Ground control
- Submission locks
- Control holds
- Team control
- Teaching methodologies and policy recommendations







McKinney, TX December 4th – 8th, 2023 Eligible for 40-hours TCOLE credit Hutchinson, KS March 25th - 29th, 2024 40-hours

CLOSE CONTACT DEFENSE

INSTRUCTOR LEVEL 1

40 HOURS

This 40-hour defensive tactics training program is taught by law enforcement for law enforcement. This close contact defense instructor course Level 1 program focuses takedowns on and law enforcement control holds. The forming of a stateof-the-art defensive tactics training program that engages your officers and is applicable for the street is never an easy task. This course provides all the necessary tools based upon years of both police and martial arts experience that have been proven to work in the field. This is not your ordinary defensive tactics program that has been used for the past 20 years in law enforcement that actually has no practical application in the current climate.

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